



2017 Fall Skills Clinics (U15's)

For Club Athletes interested in playing with Canuck Stuff in 2017

Taught By Canuck Coaches and Technical Staff

This year Canuck Stuff Volleyball Club and Jr. Canucks will be offering Volleyball Skills Sessions from **September through November** for athletes with club experience or interested in playing Club volleyball. We will divide up the sessions by age group and gender and the clinics will be run by the coaches for that age group. We will be limited to registering 24 athletes per age group / per session.

The cost for these sessions is \$20.00 per athlete / per session payable at the door.
(Proceeds from these clinics go towards the Canuck Athlete Subsidy Program)

In order to allow more athletes to participate in our clinics, we will allow an athlete to sign up for a maximum of **five** sessions initially, and then you may add your name to a waiting list for additional sessions you are interested in attending.

Clinic Dates and Sessions for U15 Boys and Girls (2 courts each);

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|-----------------------------------|---------------|----------------------|----------------------|
| 1) Saturday Sept 9 th | 2:30 to 4:30 | Passing and Serving | Girls Wait List Only |
| 2) Saturday Sept 16 th | 2:30 to 4:30 | Setting and Hitting | |
| 3) Sunday Sept 24 th | 9:00 to 10:30 | Blocking and Digging | Girls Wait List Only |
| 4) Sunday Oct 1 st | 9:00 to 10:30 | Transition Skills | Girls Wait List Only |
| 5) Sunday Oct. 15 th | 9:00 to 10:30 | Game Play Day | Girls Wait List Only |
| 6) Sunday Oct 22 nd | 9:00 to 10:30 | Passing and Serving | Girls Wait List Only |
| 7) Sunday Oct 29 th | 9:00 to 10:30 | Setting and Hitting | Girls Wait List Only |
| 8) Sunday Nov. 5 th | 9:00 to 10:30 | Blocking and Digging | Girls Wait List Only |
| 9) Sunday Nov. 12 th | 9:00 to 10:30 | Transition Skills | Girls Wait List Only |
| 10) Sunday Nov. 19 th | 9:00 to 10:30 | Game Play Day | Girls Wait List Only |

We will still take names on the Waiting List for sessions that are FULL
to fill spots that open up due to cancellations

To register for these sessions please email canuckstuff@volleydome.net with the participant's name, phone number, date of birth and the sessions you wish to sign up for. Also please indicate any sessions you would like to be placed on a waiting list for. We will contact you if there is room for you to attend those additional clinics. If you require more information please contact **Brian Gullekson** at 403 973-7701 or by email at canuckstuff@volleydome.net